



LONG TERM PLAN for PE

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Locomotion (Walking)	Dance	Gymnastics	Ball Skills (Hands)	Ball Skills (Feet)	Rackets, Bats, Balls & Balloons
Year 1/2	Playing Games & Locomotion (Running)	Dance & Ball Skills (Feet)	Gymnastics & Ball Skills (Hands 1)	Ball Skills (Hands 2) & Health and Wellbeing	Rackets, Bats and Balls & Swimming	Games for Understanding & Swimming
Year 3/4	Invasion (Football) & Mindfulness	Hockey & Dance	Gymnastics & Swimming	Basketball & Swimming	Tennis & Cricket	Rounders & Athletics
Year 5/6	Invasion (Football) & Swimming	Dance & Swimming	Dodgeball & Gymnastics	Hoskey & OAA	Tennis & Cricket	Rounders & Athletics

Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Locomotion (Walking)	Dance	Gymnastics	Ball Skills (Hands 1)	Ball Skills (Feet)	Rackets, Bats, Balls & Balloons
Year 1/2	Locomotion (Dodging) & Creating Games	Ball Skills (Feet) & Dance	Ball Skills (Hands 1) & Gymnastics (Linking)	Ball Skills (Hands 2) & Team Building	Rackets, Bats and Balls & Swimming	Games for Understanding & Swimming
Year 3/4	Invasion (Netball) & Mindfulness	OAA & Dance	Gymnastics & Swimming	Rugby & Swimming	Tennis & Cricket	Rounders & Athletics
Year 5/6	Invasion (Netball) & Swimming	Dance & Swimming	Leadership & Gymnastics	Rugby & Kin ball	Tennis & Cricket	Rounders & Athletics