

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Cottage pie with seasonal vegetables	Sausage and mash with seasonal vegetables	Roast pork, roast potatoes and seasonal vegetables	Beef burger in a bun with jacket wedges and beans or salad	Fish fingers with oven baked chips and garden peas.
		  		 	 
Vegetarian Choice	Tomato and fresh basil bake	Quorn chilli with brown rice	Veggie plant (vegan) balls with tomato sauce and spaghetti	Vegan burger in a bun with wedges, beans or salad	Quorn sausage with oven baked chips and peas
				 	
Dessert	Carrot cake	Fruit jelly and ice cream	Fruity flapjack	Lemon drizzle cake	Cranberry and orange short bread
	 			 	
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean

IF YOUR CHILD HAS SPECIFIC DIETARY REQUIREMENTS – PLEASE NOTIFY THE OFFICE

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Spaghetti Bolognese	Jacket potato with tuna mayo and salad	Roast chicken, roast potatoes and seasonal vegetables	Homemade Pizza Day with jacket wedges	Salmon fish cakes oven baked chips and peas
		  		 	 
Vegetarian Choice	Vegetable curry with basmati rice	Jacket potato with cheese, beans and salad	Filled potato skins with roast potatoes and vegetables	Homemade pizza and jacket wedges vegan option available	Cheese and bean wrap with oven baked chips and peas
				 	 
Dessert	Banana cake	Blueberry and lemon muffins	Fruit flapjack	Apple crumble with cream	Chocolate crunch with raisins
	 			 	
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean

IF YOUR CHILD HAS SPECIFIC DIETARY REQUIREMENTS – PLEASE NOTIFY THE OFFICE

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Beef lasagne with seasonal vegetables	Hot dog in a bun with herb potatoes and baked beans	Roast Gammon with roast potatoes and seasonal vegetables	Chicken curry (mild), with rice	Battered cod, oven baked chips and garden peas
	 				
Vegetarian Choice	Vegan meat balls in tomato sauce with pasta and seasonal vegetables	Vegan hot dog herb potatoes and baked beans	Nutless nut roast with new potatoes and seasonal vegetables	Jacket potato with cheese or beans (vegan option available)	Veggie nuggets with oven baked chips and garden peas
					
Dessert	Apricot flapjack	Chocolate crunch with raisins	Cranberry shortbread	Sticky toffee cake	Oat & apricot cookie
				 	
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean

IF YOUR CHILD HAS SPECIFIC DIETARY REQUIREMENTS – PLEASE NOTIFY THE OFFICE