



In all that we do, may our values shine through

Eardisley CE Primary School Year 1 - 2 Cycle A

Autumn Term Relationships : Families and Friendships: Who is special to us?	Spring Term Living in the Wider World How can we look after each other and the world?	Summer Term Health and Wellbeing What helps us grow and stay healthy?
End of Key Stage Objectives Children should be able to:	End of Key Stage Objectives Children should be able to:	End of Key Stage Objectives Children should be able to:
<ul style="list-style-type: none"> • Understand the roles that different people play in our lives. R1 • Identify the people who love and care for them and what they do to help them feel cared for. R2 • Know that there are different types of families, including those that may be different to their own. R3 • Identify the common features of family life. R4 • Recognise the importance of telling someone if something about their family makes them unhappy or worried. R5 	<ul style="list-style-type: none"> • Understand what rules are and why they are needed, and why different rules are needed for different situations. L1 • Understand how people and other living things have different needs; about the responsibilities of caring for them. L2 • Explain things they can do to help look after their environment. L3 	<ul style="list-style-type: none"> • Understand what keeping healthy means and know different ways to keep healthy. H1 • Recognise which foods support good health and understand the risks of eating too much sugar. H2 • Know how physical activity helps us to stay healthy. H3 • Recognise why sleep is important and describe different ways to rest and relax. H4 • Describe simple hygiene routines that can stop germs from spreading. H5 • Recognise that medicines and vaccinations can help people to stay healthy. H6 • Understand the importance of dental care and how to support dental health. H7 • Understand how to keep safe in the sun and protect skin from sun damage. H8 • Describe different ways to learn and play; and know the importance of taking a break from TV or time online. H9 • Know about the people who help us to stay physically healthy.
Keeping Safe What is bullying?	Communicating Online What is the purpose and value of the internet?	Managing Feelings How do we recognise our feelings?

<p>Recognise that bodies and feelings can be hurt by words and actions and that people can say hurtful things online. R10</p> <ul style="list-style-type: none"> • Recognise how people may feel if they experience hurtful behaviour or bullying. R11 • Recognise that hurtful behaviour (offline and online) is not acceptable and how to report bullying (trusted adult). R12 • Recognise that some things are private and importance of respecting privacy; that parts of the body covered by underwear are private. R13 • Recognise that sometimes people may behave differently online. R14 • How to respond safely to adults they don't know. R15 • Know how to respond if physical contact makes them feel uncomfortable or unsafe. R16 • Know that there are situations when they should ask or seek permission. R17 • Understand the importance of not keeping adults' secrets. R18 • Understand basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe. R19 • Know what to do if they feel unsafe or worried for themselves or others and the importance of persevering until they are heard. R20 	<p>Recognise how the internet and digital devices can be used safely to find things out and to communicate with others. L7</p> <ul style="list-style-type: none"> • Explain the role of the internet in everyday life. L8 • Understand that not all information seen online is true. L9 	<p>Describe different feelings that humans can experience. H11</p> <ul style="list-style-type: none"> • Understand how to recognise and name different feelings. H12 • Know how feelings can affect people's bodies and their behaviour. H13 • How to recognise what others might be feeling. H14 • Recognise that not everyone feels the same at the same time or about the same things. H15 • Understand ways of sharing feelings and know a range of words to describe feelings. H16 • Describe things that help people to feel good. H17 • Understand different things they can do to manage big feelings. H18 • Recognise when they need help with feelings; and how to ask for it. H19 • Understand about change and loss (including death); identify associated feelings; recognise what helps people to feel better. H20 • Recognise what makes them special. H21 • Recognise the ways in which we are all unique. H22 • Identify what they are good at and what they like and dislike. H23 • Know how to manage when finding things difficult. H24
<p>SUBJECT-SPECIFIC VOCABULARY parents, siblings, relatives, grandparents, friends, family life, single parents, same-sex parents, private and privacy,</p>	<p>SUBJECT-SPECIFIC VOCABULARY rules, responsibility, environment, recycling, internet, digital devices,</p>	<p>SUBJECT-SPECIFIC VOCABULARY keep healthy, physical activity, sugar intake, hygiene, sun damage, protection, dental care, screen-based play,</p>

permission, online and offline, bullying, teasing, excluding and exclusion, pressure, secrets, uncomfortable, unsafe, trusted adult, underwear, body parts, physical contact	online, offline, communicate safely	balance, medicines, vaccinations, immunisations, allergies
Enrichment We will endeavour to include: <ul style="list-style-type: none"> • Anti-Bullying Week – usually second week in November (Anti-bullying alliance) <ul style="list-style-type: none"> • NSPCC (PANTS) 	Enrichment We will endeavour to include: <ul style="list-style-type: none"> • Internet Safety Day – second week in February – school-wide approach 	Enrichment We will endeavour to include: <ul style="list-style-type: none"> • Read: The Colour Monster • Read: The Huge Bag of Worries