






Our PE Curriculum

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| Intent | <p>How PE inspires our children</p> | <p>At Eardisley, our PE curriculum aims to give every child the knowledge, skills and confidence to lead a healthy, active life. We want pupils to enjoy physical activity, feel inspired to take part in sport and develop a lifelong love of exercise. All children, regardless of ability, experience a wide range of activities including games, dance, gymnastics, swimming, orienteering and fitness.</p> <p>Outdoor education is an important part of our offer. Pupils take part in residential experiences at Oaker Wood in Years 3 and 4 and at Red Ridge in Years 5 and 6, helping them build resilience, teamwork and independence. Our curriculum is designed to support children in becoming active, healthy members of society who understand the importance of physical and mental well-being.</p> |  |
| Implementation | <p>How our teaching and learning is delivered</p> | <p>At Eardisley, we use the Complete PE scheme to deliver a clear and well-planned PE curriculum that helps children develop skills year by year. Lessons give pupils lots of chances to practise and build confidence, try new techniques and enjoy being active. They learn to use equipment safely and take part in a wide range of activities, including games, dance, gymnastics, swimming, orienteering and fitness.</p> <p>Teachers are supported with high-quality guidance, and children benefit from extra opportunities such as visits to Eardisley Tennis Club and sessions with specialist cricket and sports coaches. From Year 2 onwards, pupils also take part in blocks of swimming lessons at the local swimming pool.</p> <p>All children have two PE lessons each week, along with regular Daily Mile and active breaks to support fitness and wellbeing. Pupils have the opportunity to represent the school in sports competitions, helping them build teamwork and resilience. Disadvantaged pupils also receive additional sporting opportunities through Stride Active. Healthy living and wellbeing are further supported through our PSHE curriculum.</p> |  |
| Impact | <p>How our PE curriculum makes a difference to pupils</p> | <p>At Eardisley CE Primary School, we want children to enjoy PE, feel confident being active and understand how physical activity supports both their physical and mental health. We aim for pupils to leave us motivated to lead active, healthy lives.</p> <p>We see the impact of our PE curriculum in the way pupils talk about their learning, in their growing confidence and in the pride they take in representing the school. Regular lesson observations and ongoing verbal feedback help teachers ensure skills are developing well.</p> <p>Our Sports Captains and Playground Leaders play an important role in promoting physical activity across the school. They help organise games, encourage participation and act as positive role models, showing leadership, teamwork and responsibility.</p> <p>We also see impact in pupils' enjoyment of outdoor activity, their willingness to try new skills and the enthusiasm they show during competitions and active playtimes. Through these experiences, children develop resilience, cooperation and a positive attitude towards staying active—both now and in the future.</p> |  |