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Meat Choice	Cottage pie with seasonal vegetables	Sausage and mash with seasonal vegetables	Roast pork, roast potatoes and seasonal vegetables	Beef burger in a bun with jacket wedges and beans or salad	Fish fingers with oven baked chips and garden peas.
		  		 	 
Vegetarian Choice	Tomato and fresh basil bake	Quorn chilli with brown rice	Veggie plant (vegan) balls with tomato sauce and spaghetti	Vegan burger in a bun with wedges, beans or salad	Quorn sausage with oven baked chips and peas
				 	
Dessert	Carrot cake	Fruit jelly and ice cream	Fruity flapjack	Chocolate raisin and vanilla shortbread	Lemon drizzle cake
	 				 
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Maccaroni cheese with seasonal vegetables	Jacket potato with tuna mayo and salad	Roast chicken, roast potatoes and seasonal vegetables	Homemade Pizza Day with jacket wedges	Salmon fish cakes oven baked chips and peas
	 	  		 	
Vegetarian Choice	Vegetable curry with basmati rice	Jacket potato with cheese, beans and salad	Cheese and tomato quiche with roast potatoes and vegetables	Homemade pizza and jacket wedges	Cheese and bean wrap with oven baked chips and peas
			  	 	
Dessert	Sticky apple and date cake	Yogurt bar with fruit	Fruit flapjack	Seasonal fresh fruit and cream	Chocolate crunch with raisins
					
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat Choice</b>	<b>Beef lasagne with seasonal vegetables</b>	<b>Hot dog in a bun with herb potatoes and baked beans</b>	<b>Roast Gammon with new potatoes and seasonal vegetables</b>	<b>Wrap of the day - pick a filling Ham or tuna Served with salad and tortilla crisps.</b>	<b>Battered cod, oven baked chips and garden peas</b>
	 				
<b>Vegetarian Choice</b>	<b>Vegan meat balls in tomato sauce with pasta and seasonal vegetables</b>	<b>Vegan hot dog herb potatoes and baked beans</b>	<b>Nutless nut roast with new potatoes and seasonal vegetables</b>	<b>Wrap day pick a filling Cheese (Vegan option available) Served with salad and tortilla crisps.</b>	<b>Veggie burger in a bun with oven baked chips and garden peas</b>
<b>Dessert</b>	<b>Ginger cake</b>	<b>Seasonal fruit with cream</b>	<b>Cranberry shortbread</b>	<b>Lemon cheesecake</b>	<b>Oat &amp; apricot cookie</b>
	 			 	
<b>Available Daily</b>	<b>Homemade fresh bread</b>	<b>Homemade fresh bread</b>	<b>Homemade fresh bread</b>	<b>Homemade fresh bread</b>	<b>Homemade fresh bread</b>
					

						
Molluscs	Lupin	Egg	Peanut	Treenuts	Sesame	Milk
						
Gluten	Mustard	Fish	Crustaceans	Sulphur Dioxide	Celery	Soyabean