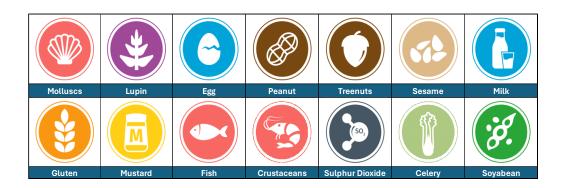
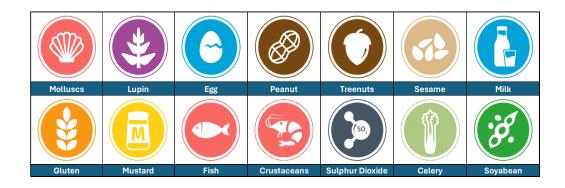
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Cottage pie with seasonal vegetables	Sausage and mash with seasonal vegetables	Roast pork, roast potatoes and seasonal vegetables	Beef burger in a bun with jacket wedges and beans or salad	Fish fingers with oven baked chips and garden peas.
Vegetarian Choice	Tomato and fresh basil bake	Quorn chilli with brown rice	Veggie plant (vegan) balls with tomato sauce and spaghetti	Vegan burger in a bun with wedges, beans or salad	Quorn sausage with oven baked chips and peas
Dessert	Carrot cake	Fruit jelly and ice cream	Fruity flapjack	Chocolate raisin and vanilla shortbread	Lemon drizzle cake
	3				(3)
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Maccaroni cheese with seasonal vegetables	Jacket potato with tuna mayo and salad	Roast chicken, roast potatoes and seasonal vegetables	Homemade Pizza Day with jacket wedges	Salmon fish cakes oven baked chips and peas
Vegetarian	Vegetable curry with	Jacket potato with cheese,	Cheese and tomato	Homemade pizza and jacket	Cheese and bean wrap with
Choice	basmati rice	beans and salad	quiche with roast potatoes and vegetables	wedges	oven baked chips and peas
	(1)	(E)			
Dessert	Sticky apple and date cake	Yogurt bar with fruit	Fruit flapjack	Seasonal fresh fruit and cream	Chocolate crunch with raisins
	(1)				
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Beef lasagne with seasonal vegetables	Hot dog in a bun with herb potatoes and baked beans	Roast Gammon with new potatoes and seasonal vegetables	Wrap of the day - pick a filling Ham or tuna Served with salad and tortilla crisps.	Battered cod, oven baked chips and garden peas
Vegetarian Choice	Vegan meat balls in tomato sauce with pasta and seasonal vegetables	Vegan hot dog herb potatoes and baked beans	Nutless nut roast with new potatoes and seasonal vegetables	Wrap day pick a filling Cheese (Vegan option available) Served with salad and tortilla crisps.	Veggie burger in a bun with oven baked chips and garden peas
Dessert	Ginger cake	Seasonal fruit with cream	Cranberry shortbread	Lemon cheesecake	Oat & apricot cookie
Available Daily	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread	Homemade fresh bread
		*			

